
















LEADERSHIP

CHAPTER 2 LEADERSHIP SKILLS

ACTIVITIES

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|---|--|--|---------------------------------------|
|  1 | One-Way versus Two-Way Communication |  9 | Reflection: How I Respond to Conflict |
|  2 | Barriers to Communication |  10 | Mediating Conflict |
|  3 | Oral Presentation (Teaching a Skill) |  11 | Who Pushes Me to the Max? |
|  4 | IDEAL Decision-Making Process |  12 | Turning Bad into Good |
|  5 | Personal Reflection on Decision Making |  13 | My Roles and Relationships Spider Web |
|  6 | Reviewing the Types of Conflict |  14 | Reflection on Time Management |
|  7 | Sources of Conflict in Working Groups |  15 | Using Time Management Tools |
|  8 | Responding to Conflict – A Review | | |





ACTIVITY 1 One-Way versus Two-Way Communication

One-Way Communication Record

Instructions: Record the accuracy of the retelling of a story.

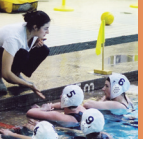
Person	Details Correct		Details Incorrect		Details Left Out		Total Details
	Number	Percentage	Number	Percentage	Number	Percentage	
1							20
2							20
3							20
4							20
5							20

Two-Way Communication Record

Instructions: Record the accuracy of the retelling of a story.

Person	Details Correct		Details Incorrect		Details Left Out		Total Details
	Number	Percentage	Number	Percentage	Number	Percentage	
1							20
2							20
3							20
4							20
5							20





Instructions: Answer these questions based on the communication exercises that you have completed.

1. During the one-way exercise(s) how did you feel as a sender? As a receiver?

2. During the two way exercise(s) how did you feel as a sender? As a receiver?

3. Which type of communication is more likely to be frustrating to the receiver?

4. Which type of communication is more likely to be frustrating to the sender?

5. Which type of communication is faster? Describe situations when this type of communication is best.

6. Which type of communication is more accurate? When is this type best to use?





ACTIVITY 2 Barriers to Communication

Instructions: List the barriers to communication that must be overcome when teaching a skill in a gymnasium or outdoor setting.





ACTIVITY 3 Oral Presentation (Teaching a Skill)

Instructions: Pick a skill that you feel comfortable teaching your class. You have a 3-minute limit to effectively teach your skill to your class. Use the lesson plan provided to outline your presentation. One member of your group will fill out the communication checklist as you teach and ask the other group members for feedback.

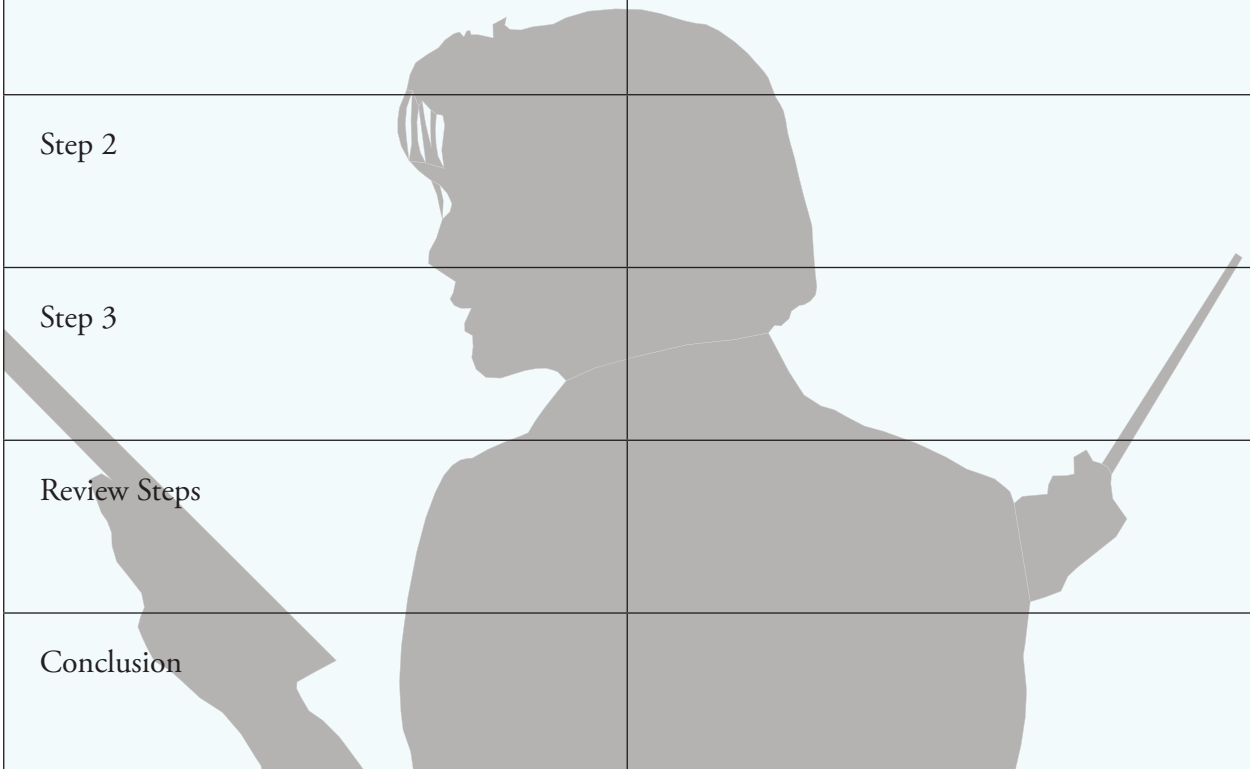
Sample presentation topics:

- tying a shoelace
- kicking a soccer ball
- taping a hockey stick
- braiding
- shaving
- making a salad
- starting an outboard motor
- going through a drive-through
- tying a tie



LESSON PLAN

Skill:	Time limit:
Introduction	Description
Step 1	
Step 2	
Step 3	
Review Steps	
Conclusion	





Communication Checklist

Name:	Fair	Good	Excellent
Eye contact with audience			
Clear vocal presentation			
Body language (demonstration)			
Instructions understood by participants			
Management of distractions			
Presentation within time limit			

Reflect on your teaching experience:

